

Zeit	U18 m (TN 3)	U18 w (TN 9)	U16 m (TN 6)	U16 w (TN 9)	U14 m (TN 10)	U14 w (TN 16)	Zeit	U12 m (TN 16)	U12 w (TN 26)	U10m+w (TN 33)
10:00	50m (1)		Kugel	Kugel	Hoch 1	Hoch 2	10:00			
10:05		50m (1)					10:05			
10:10	50m (2)						10:10			
10:15		50m (2)					10:15			
10:30							10:30			
10:45	Hoch 1	Hoch 1	Hoch 2	Hoch 2		Kugel	10:45			
11:00					50 m (1)		11:00			
11:15					50 m (2)		11:15			
11:30							11:30			
11:45	Kugel	Kugel					11:45			
11:50						50 m (1)	11:50			
12:00							12:00			
12:05						50 m (2)	12:05			
12:15			50m (1)	50m (1)	Kugel		12:15			
12:30			50m (2)	50m (2)			12:30			
Umbau										
13:00							13:00		MB-Stoßen	Hoch-Weit
13:10							13:10			
13:20							13:20	50 m		
13:30							13:30			
13:40							13:40			
13:50							13:50		50 m	
14:00							14:00	MB-Stoßen		40 m (1)
14:10							14:10			
14:20							14:20			40 m (2)
14:30							14:30		5-Sprung	
14:50							14:50			
15:00							15:00	5-Sprung		40 m Hindernisstaffel
15.15							15.15			
15:30							15:30		Siegerehrung	
15:45							15:45	Siegerehrung		
16:00							16:00			Siegerehrung

Anfangshöhe-Hoch U18m 1,40 m, U18w 1,25 m, U16 m1,20m, U16w 1,10 m, U14 m 1,00 m, U 14w 0,95 m* Steigerung 5x5 cm, dann 3 cm

Stand 09.02.2023